

TOGETHER, WE CAN DO THIS

Substance use and addiction affects more than 20 million Americans. Together with our many supporters, Partnership to End Addiction is helping families find answers. **We help families prevent and treat addiction and support recovery for their children and loved ones. We also work to improve the addiction treatment system and end the addiction crisis.**



HELPLINE

Our helpline provides parents and caregivers with compassionate, one-on-one support. Our trained and caring bilingual (English/Spanish) specialists will listen to their challenges, co-construct action plans and provide resources to help parents help their child.

We offer many ways for families to connect with us:

- **Text**
- **Email**
- **Call**
- **Facebook Messenger**

Visit drugfree.org/helpline for more information.



HELP & HOPE BY TEXT

Parents and caregivers can sign up to receive customized resources and skills delivered via text message. Parents can simply text **JOIN** to **55753** to take a brief assessment about their child's unique situation and begin receiving ongoing support.

We offer several science-based, specialized text programs including:

- Messages for parents who are **concerned that their child may begin using** substances
- Messages for parents who are **not yet sure if they should be worried** about their child's use
- Messages for parents **looking to help a child who is actively using** substances
- Specialized COVID-19 messages **offering support for parents experiencing two crises**
- Messages offering support as **a loved one goes through treatment and recovery** in a Medications for Addiction Treatment program

New text programs in development include resilient relationships, recovery and treatment.

You can also text **Rx** to **55753** for messages on medication safety and medication alternatives.



PARENT COACHING

Parents can connect to one of our trained volunteer parent coaches for free peer-to-peer support. This [unique program](#) provides families with guidance and support from a parent with lived experience and similarly struggled with a child's substance use.

“ I loved what a great listener my parent coach was. She connected every detail to what I could work on to help me through each struggle. She helped organize a plan.



ONLINE TOOLS AND SKILL-BUILDING PROGRAMS

Our website has resources and tools to help parents and caregivers support their child — from prevention to recovery. Families can:

- Learn effective ways to communicate about substance use
- Develop behavior management [skills](#) to encourage healthier choices
- Get hope and support from other parents



ONLINE SUPPORT COMMUNITY

Helpline specialists and specially trained parent coaches host [a series of live online gatherings for parents](#) to share insight and ideas on managing teen and adult children. These gatherings are an opportunity for parents and caregivers to find support and connection, along with tangible guidance on addressing substance use.

“ It was comforting to know I was among people who know exactly how I feel and what I'm going through.

SUPPORT OUR WORK

Partnership to End Addiction invites you to help us bring even more hope to families across the country. Philanthropic contributions like yours support our mission to transform how our nation addresses addiction.

ABOUT PARTNERSHIP TO END ADDICTION

Partnership to End Addiction is a national nonprofit uniquely positioned to reach, engage and help families impacted by addiction. With decades of experience in research, direct service, communications and partnership-building, we provide families with personalized support and resources — while mobilizing policymakers, researchers and health care professionals to better address addiction systemically on a national scale. For more information, visit [drugfree.org](#).



Contact jnimar@toendaddiction.org for inquiries.